



Members of the Board For the Kiwanis Year 2022—2023

- President:** Sue Gilmour
- Past President:** Dave Barker
- Treasurer:** Leslie Serieux
- Secretary:** Janis Rowan
- Directors:**
- Pat Lawrance
 - Roger Touw
 - Ross Hillis
 - Mike Young

This Month's Events

- Feb. 16 General Meeting @ St. Jude's
- Feb. 21—March 3 Toronto Kiwanis Festival

Upcoming Events

- March 11 Global Medics
- March 16 General Meeting @ St. Jude's
- March 23-25 DELC KEY Club
- March 23-26 Kiwanis Dance Festival
- June 8—Riverdale Golf Tournament

Pat and Ross went to St. Jude's to present Rev. Greg Carpenter with the Kiwanis Foundation Donation Cheque for the Food Bank. Some members of the congregation started this Food Bank as an outreach program over twenty-five years ago. It currently services 50 families.

Rev. Carpenter, Ross, and Pat are seen here with the volunteers who operate the Food Bank

President's Message

We are gaining momentum with our service projects. We will be attending Global Medic in March and there is a great opportunity for an ongoing project with Michael Garron Hospital and their Building Bridges program for youth. It's wonderful to see these things come together. Also, the Kiwanis Music Festival is being held in person this year and many of our club members are excited to be volunteering at this event.



Thursday, February 16th was our first in-person General Meeting at Church of St. Jude.

Did you realize that our Club is 80 years old this year?

The Deacon's Pantry Food Bank at the Church of St. Jude Wexford



News from our Key Clubs

DELIC

In case you were wondering, DELC stands for District Educational Leadership Conference. It is held in March in Niagara Falls. This is the first in-person convention in 3 years. Currently, there are 8 A.Y. Jackson Key Clubbers planning on attending.

The convention allows all Eastern Ontario Key Club students the opportunity to meet other Key Clubbers, share their ideas, and then vote on the new Executive for 2024. It is generally agreed by both the students and our Kiwanis staff, that this is an outstanding training event for our future student leaders.

Marc Garneau

Each year the Marc Garneau Key Clubbers plan a pre-ordered sale of Roses for Valentine's Day. With the support of their faculty advisor, Mr. Latchman, the roses are purchased, bundled, and delivered to the lucky recipients. Approximately \$600.00 was raised and will be going to the Thirst Project, dedicated to providing good clean drinking water for families in need.



A.Y. Jackson

While the KEY Clubbers did not do any fund-raising in February, their next fundraiser will likely take place in April. They recently ran a period product drive and were able to collect enough products to make over 100 packs. These were donated to [Bleed The North](#), a youth-led nonprofit organization committed to ending period poverty and stigma.

Bethany Baptist Church Food Bank

Pat and Sue delivered the Kiwanis Foundation Donation Cheque to Bethany Baptist.

The Food Bank serves about 290 families and all the food is donated from various sources, including the Daily Bread Food Bank and Second Harvest. Also, COBS Bread on the Danforth provides leftover baked products. Volunteers pick this up on the Tuesday for Wednesday Food Bank, making the bread only one day old.



Monetary donations are used to purchase things to supplement what they receive from donations. These can include; bags for the food, adult diapers, baby diapers, soap, cheese etc.

The volunteers were most appreciative and wanted a photo to post on the Bethany Baptist Food Bank Instagram.



Volunteering at the Festival is a most enjoyable and rewarding experience. Our members volunteer mainly as Hall Monitors or “Greeters”. Besides checking-in performers and families, we get to interact with them and learn little tidbits about the participants. Since we are situated at the front entrance, we get to see their comings and goings and other various sights .



Can you name the instrument in the picture above?



Answer: bandura
It is a Ukrainian instrument.



The Michael Garron Hospital



Great things happen when our community comes together for high-quality healthcare.

For years, Michael Garron Hospital staff have provided excellent care despite aging facilities. But thanks to supporters like the Kiwanis Club of East York, the MGH campus is being dramatically transformed. The hospital recently marked a significant milestone with the opening of the Ken and Marilyn Thomson Patient Care Centre. We hope you enjoy reading about some of the new spaces below

Art selections influenced by people throughout East Toronto adorn the walls. The wide corridors are filled with light from large windows overlooking the city. Visitors will be able to enjoy a meal and the company of their loved ones in the new Moez & Marissa Kassam Food Court.

Navigation is greatly improved because most clinics are located on two central, accessible floors. Patients will be able to move from appointment to appointment with ease.

For people who need to stay in the hospital, 80% of rooms in the Thomson Centre are single-occupancy, each with its own private bathroom. Even double rooms have a private washroom for each patient. Each room also includes a pull-out couch or sleeper chair for family and friends, as research shows that having visitors helps people heal faster.

The new Adult Inpatient Mental Health Unit and Slaughter Family Child and Youth Mental Health Inpatient Unit provide care in a dignified, uplifting and safe environment. Patients on these units benefit from the restorative power of fresh air, sunshine and greenery on the Huband Moffat Family Terrace.

Other hospital patients, visitors and staff will be able to enjoy the Michael MacMillan & Cathy Spoel Terrace. Eventually, new street-level gardens, chess and checker boards and a playground will create another area where people can relax and socialize.

It will also be easier to visit the hospital. The Thomson Centre's four levels of underground parking has space for 439 cars, including 20 electric vehicles, plus secure storage for 129 bicycles.

Clare Olmstead, Vice President, Major Gifts and Planned Giving
Michael Garron Hospital Foundation

Building Bridges Program

At the Board Meeting, Sue and Mary Ellen brought to our attention a new hospital program that the Club could possibly become involved with. Currently approximately five youth, ages 13-18 years, attend school at the hospital with their teachers. The program operates 5 days a week. The hospital has asked if we could contribute to the nutritional component for the morning and lunch. This could be an interesting future pilot project for our consideration.

